

Be a | smart | health care | consumer

Learn about costs for health care services with My Cost of Care

My Cost of Care is an interactive Web tool that will help you make informed choices about your health care. This tool gives the average cost of care for common diseases and conditions, diagnostic procedures, office visits, surgical procedures and inpatient stays based on actual network cost information.

It's easy to use My Cost of Care. Just follow a few simple steps:

- Go to the Web address shown on your ID card and register for or log into My Online Services.SM
- Select “My Cost of Care” under “Benefits.”
- Follow the directions and click on “Start” to use the tool.

- Choose the services of interest under the various categories: inpatient stays, surgical procedures, physician visits, diagnostic procedures, and diseases and conditions.

- Click “View Results.”

› Inpatient stays are displayed for in-network and out-of-network providers.

› Surgical procedure fees are shown for hospital, ambulatory surgical center and physician's office.

› Physician visits will give you basic, intermediate and advanced visit information.

› Diagnostic procedures provide office and hospital facility results.

› Disease and condition low and high average costs are broken down into facility, doctor and pharmacy and also give totals for all services.

In late 2013, Coventry will introduce a new tool — treatment cost calculator. This will allow you to select a treatment and find out the cost of the procedure and what you will have to pay out-of-pocket based on your current benefit plan.

The Hospital Comparison tool is integrated into our provider directory tool. You can identify hospitals within a specific geographic area and then choose up to four hospitals from the list for comparison purposes. The hospital comparison tool will generate results based on conditions treated, hospital services provided and patient safety (when reported). Information is provided by an independent third-party source.

**My Cost of Care helps you make wise decisions about your health care.
It's simple and fast. Go online today and test My Cost of Care for yourself.**

This screenshot shows the 'My Cost of Care' web application interface. The header includes the Coventry Health Care logo and the title 'My Cost of Care'. Below the header, there is a 'How To Use This Tool' section with six numbered steps. The main area is titled 'Select Services' and shows 'No Services Selected'. There are four categories with checkboxes: 'Inpatient Stays' (0 selected), 'Surgical Procedures' (0 selected), 'Physician Visits' (0 selected), and 'Diagnostic Procedures' (0 selected). Under 'Surgical Procedures', there are sub-options: 'ARTHROSCENESIS, ASPIRATION AND/OR INJECTION', 'ARTHROSCOPY OF KNEE, ANKLE OR ELBOW', 'ARTHROSCOPY OF SHOULDER', and 'ARTHROSCOPY, OTHER'. At the bottom, there is a 'Region: SE' dropdown menu with a list of states: AL, FL, GA, MS, NC, SC, TN.This screenshot shows the results page for 'Surgical Procedures'. The header includes the Coventry Health Care logo and the title 'My Cost of Care'. Below the header, there is a section titled 'Your estimated costs of care for selected Surgical Procedures' with a 'BEGIN NEW SEARCH' button. The 'REGION: NE - CT, MA, ME, NH, NJ, NY, RI, VT' is displayed. A note states: 'Outpatient surgical procedures can be conducted in different locations and the charge will include the physician and the facility fee. By having the procedure done at a location other than a hospital, you may achieve some savings. Low and High amounts have been provided so you can work to find a location that provides the best opportunity for you to best manage your health care costs.' Below this is a table with columns for 'Service', 'Hospital Low', 'Hospital High', 'Ambulatory Surgical Center Low', 'Ambulatory Surgical Center High', 'Physician's Office Low', and 'Physician's Office High'. The table has one row for 'ARTHROSCOPY OF SHOULDER' with values: Hospital Low \$2870, Hospital High \$4170, Ambulatory Surgical Center Low \$4140, Ambulatory Surgical Center High \$5340, Physician's Office Low N/A, and Physician's Office High N/A. A note at the bottom states: 'NOTE—The dollar amounts provided within this tool are approximate only and any individual visit could cost more or less and may vary greatly across similar providers. Coventry Health Care, Inc. cannot guarantee your final actual cost. Check directly with your physician's or hospital's billing office to get an accurate estimate of the cost of services you will be receiving. The information provided within this tool is not binding upon and is not considered in administering the benefits covered under your health plan. Check your plan documents to determine what benefits are covered under your health plan. To-reduce claims data based on allowable amounts for the local area in 2006. If insufficient information was available for the local area, averages were calculated across all the health plans of Coventry Health Care, Inc.' The footer reads '© 2007 Coventry Health Care'.This screenshot shows the results page for 'Diseases and Conditions'. The header includes the Coventry Health Care logo and the title 'My Cost of Care'. Below the header, there is a section titled 'Your estimated costs of care for selected Diseases and Conditions' with a 'BEGIN NEW SEARCH' button. The 'REGION: SE - AL, FL, GA, MS, NC, SC, TN' is displayed. A note states: 'Many diseases and conditions have ongoing costs for treatment. To help you budget for these expenses, an average annual cost is provided. This average cost includes facility, doctor and pharmacy charges and each of these items is shown separately to provide additional information and opportunities for savings. By choosing generic drugs or in-network facilities when available, you can minimize your costs.' Below this is a table with columns for 'Service', 'Facility Low', 'Facility High', 'Doctor Low', 'Doctor High', 'Pharmacy Low', 'Pharmacy High', and 'Total Low' and 'Total High'. The table has one row for 'BREAST CANCER - MALIG' with values: Facility Low \$500, Facility High \$38001, Doctor Low \$134, Doctor High \$2008, Pharmacy Low \$1050, Pharmacy High \$30909, Total Low \$1685, and Total High \$71916. A note at the bottom states: 'NOTE—The dollar amounts provided within this tool are approximate only and any individual visit could cost more or less and may vary greatly across similar providers. Coventry Health Care, Inc. cannot guarantee your final actual cost. Check directly with your physician's or hospital's billing office to get an accurate estimate of the cost of services you will be receiving. The information provided within this tool is not binding upon and is not considered in administering the benefits covered under your health plan. Check your plan documents to determine what benefits are covered under your health plan. To-reduce claims data based on allowable amounts for the local area in 2006. If insufficient information was available for the local area, averages were calculated across all the health plans of Coventry Health Care, Inc. Costs are based on average annual expenditures.' The footer reads '© 2007 Coventry Health Care'.